

Coping with Obsessive-Compulsive Disorder: A Step-by-Step Guide Using the Latest CBT Techniques (Coping with (Oneworld))

by Jan van Niekerk

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Institute of Mental Health Treatment of Depression Collaborative Research Program , Focus, 4, pp. Coping with Obsessive-Compulsive Disorder: A Step-by-Step Guide Using the Latest CBT Techniques (Oxford, One World Publications). Coping with Obsessive-Compu. Jan van Niekerk, Coping with Obsessive-Compulsive Disorder: A Step-by-Step Guide Using the Latest CBT Techniques Coping with Bipolar Disorder: A CBT-Informed Guide to Living with . - Google Books Result Coping with Obsessive-Compulsive Disorder: A . - Google Books Obsessive Compulsive Disorder (OCD) is a condition that affects millions of people worldwide, afflicting its . Disorder: A Step-by-Step Guide Using the Latest CBT Techniques Oneworld Publications, Apr 16, 2009 - Psychology - 192 pages. ALSO AVAILABLE IN THE COPING WITH SERIES Series Editor: Steven Jones, University of . 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